Multi-Sensory Reading Program

Description:

The Sonday System is a scientifically based reading program designed to help students learn and recognize beginning letters and sounds. The Sonday System is a skill based, multi-sensory instructional program that is systematic, sequential, cumulative, and aligns with common core standards. The Sonday System is appropriate for $K-12^{th}$ grade students who are functioning below grade level. The students can range from 1 year below grade level to multiple years below grade level. The program is provided to students with disabilities as a push in service at the elementary level and as a pull-out service at the secondary level. The teacher and/or IEP team will determine the appropriate amount of weekly services necessary for the student to experience growth. Parental consent is obtained. After nine sessions, a reading and spelling mastery check is completed to progress. Additionally, progress is also indicated quarterly or more if needed as a part of the IEP process. Instructors maintain continued contact with the classroom teacher and/or case manager to provide updates on student progress.

The highly structured program follows the teachings of Orton-Gillingham and is recommended by the International Dyslexia Association. The Sonday System has the required elements of the NRP (National Reading Panel) – phonological awareness, phonics instruction, fluency, vocabulary, and comprehension.

Program:

Sonday System 1 – Beginning and Intervention: K-12

Guides beginning reading, writing, spelling instruction, and reading intervention.

Sonday System 2 – Intermediate and Intervention: K-12

- Guides intermediate reading, writing, and spelling instruction, as well as, reading intervention for students.
- Guides instruction with a focus on multi-syllable words, prefixes, and suffixes.

Goal of Sonday:

- To cement learning into long-term memory.
- To effectively use proven literacy instructional strategies.
- To have students read at grade level.
- To have students have wider access to the general education curriculum.

Criteria: The teacher and/or IEP team makes a recommendation for a student who is struggling with reading in class. Once a recommendation is made instructors trained in the Sonday System will conduct a pre-test to ascertain reading level and the type of instruction needed.